

SASPI

SOCIETY OF ANTIMICROBIAL STEWARDSHIP PRACTICES IN INDIA



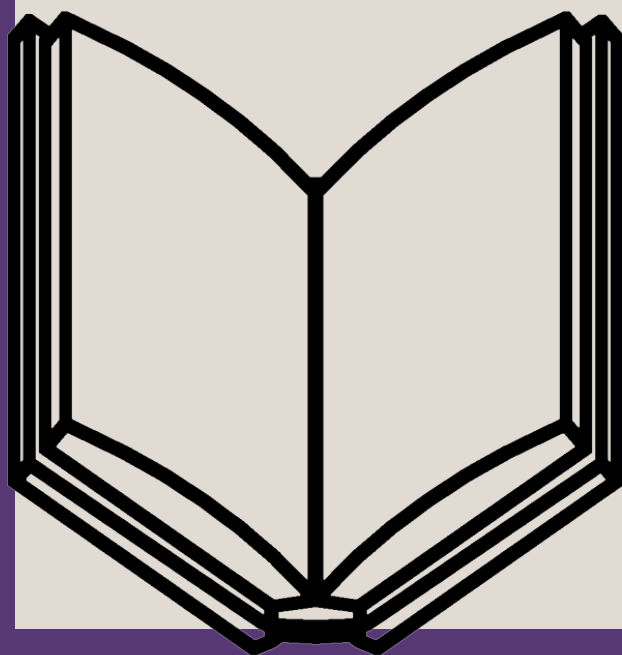
WELCOME TO OUR

Newsletter

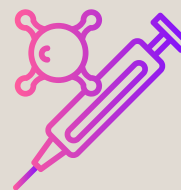
DEC 2024



In collaboration with AIIMS BATHINDA



- Filled with information
- critical analysis
- New strategies and lot more....



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NEWSLETTER

SASPI

DECEMBER 2024

SOCIETY OF ANTIMICROBIAL STEWARDSHIP PRACTICES IN INDIA
&
ALL INDIA INSTITUTE OF MEDICAL SCIENCES (AIIMS) BATHINDA



PRESIDENTS NOTE

*Dear Members & Readers,
Greetings from the President's Desk!*

As we welcome the New Year 2025, I extend my heartfelt gratitude to all members, seniors, and past presidents for entrusting me with the honor of leading SASPI.

Antimicrobial resistance (AMR), often termed the "Silent Pandemic," threatens modern medicine, with 39 million projected deaths from drug-resistant pathogens over the next 25 years. Addressing this requires moving beyond siloed efforts. Integrative Stewardship—combining Antimicrobial Stewardship, Diagnostic Stewardship, and Infection Control—offers a patient-centered, holistic approach.

To combat AMR and healthcare-associated infections, collaboration among policymakers, healthcare workers, and communities is crucial. Together, we can drive sustainable healthcare improvements and tackle this critical global challenge.

SASPI collaborates with clinicians, diagnosticians, and healthcare workers to promote Integrative Stewardship, emphasizing infection control, diagnostics, and therapies to combat antimicrobial resistance (AMR). During "World AMR Awareness Week" (18–24 Nov), members embraced the theme "Educate. Advocate. Act Now." In December 2024, SASPI will host its 5th educational webinar. Recently, 42 practice statements were released to standardize Integrative Stewardship in tertiary care hospitals across India.

JASPI, SASPI's journal, has added "Journal Autopsy" and "Stewardship Pearls" sections, offering key insights into stewardship practices. This model aligns with the vision of Viksit Bharat by fostering robust healthcare systems, reducing illness, and mitigating resistance through collaboration and innovation.

*Best Regards
President, SASPI*





NEWSLETTER

Here is What we have !

- *Antimicrobial Stewardship Pearls for optimized use of antibiotics*
- *Diagnostic Stewardship*
- *Laboratory -based algorithm to determine blood culture contamination*
- *Stewardship for Urinary Tract Infections*
- *Cascade Reporting for Antimicrobial susceptibility Testing*
- *IPC What metaanalysis says*
- *What's New?*
- *Antibiotics summary: AWARE and more*
- *WAAW 2024 activities by AIIMS Bathinda- A snapshot*

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All India Institute of Medical Sciences (AIIMS) Bathinda

ANTIMICROBIAL STEWARDSHIP PEARLS FOR OPTIMIZED USE OF ANTIBIOTICS

"START SMART, NEXT FOCUS"

Compiled by:

Dr. Rachna Rohilla, Assistant Professor,
Department of Pharmacology, AIIMS Bathinda

Drug: Selecting empirical antibiotic based on guidelines including local epidemiological patterns and antibiogram. Keeping in view the co-morbid conditions and tissue penetration is equally important.

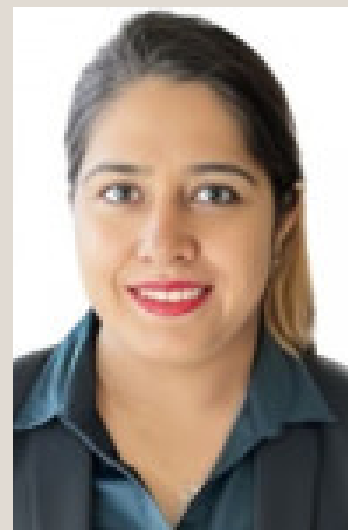
Dose: Dosing recommendations based on AWARe antibiotic book, keeping in view the working mechanism of antibiotic (PK/PD) for selecting duration and frequency of administration. EUCAST suggests pathogen specific dosing for certain pathogens based on breakpoints and MDR organisms.

Delivery: The route of administration is sometimes important consideration especially for ocular/CNS conditions where the penetration remains a concern e.g Intraventricular administration of Amphotericin B for fungal CNS infections or Colistin administration for *A.baumannii* meningitis.

Duration: A shorter treatment can be considered based for certain conditions like uncomplicated UTI, pneumonia, *S.aureus* bacteremia, typhoid fever after risk-benefit assessment. In addition, IV to Oral switch should be considered once patient improves.

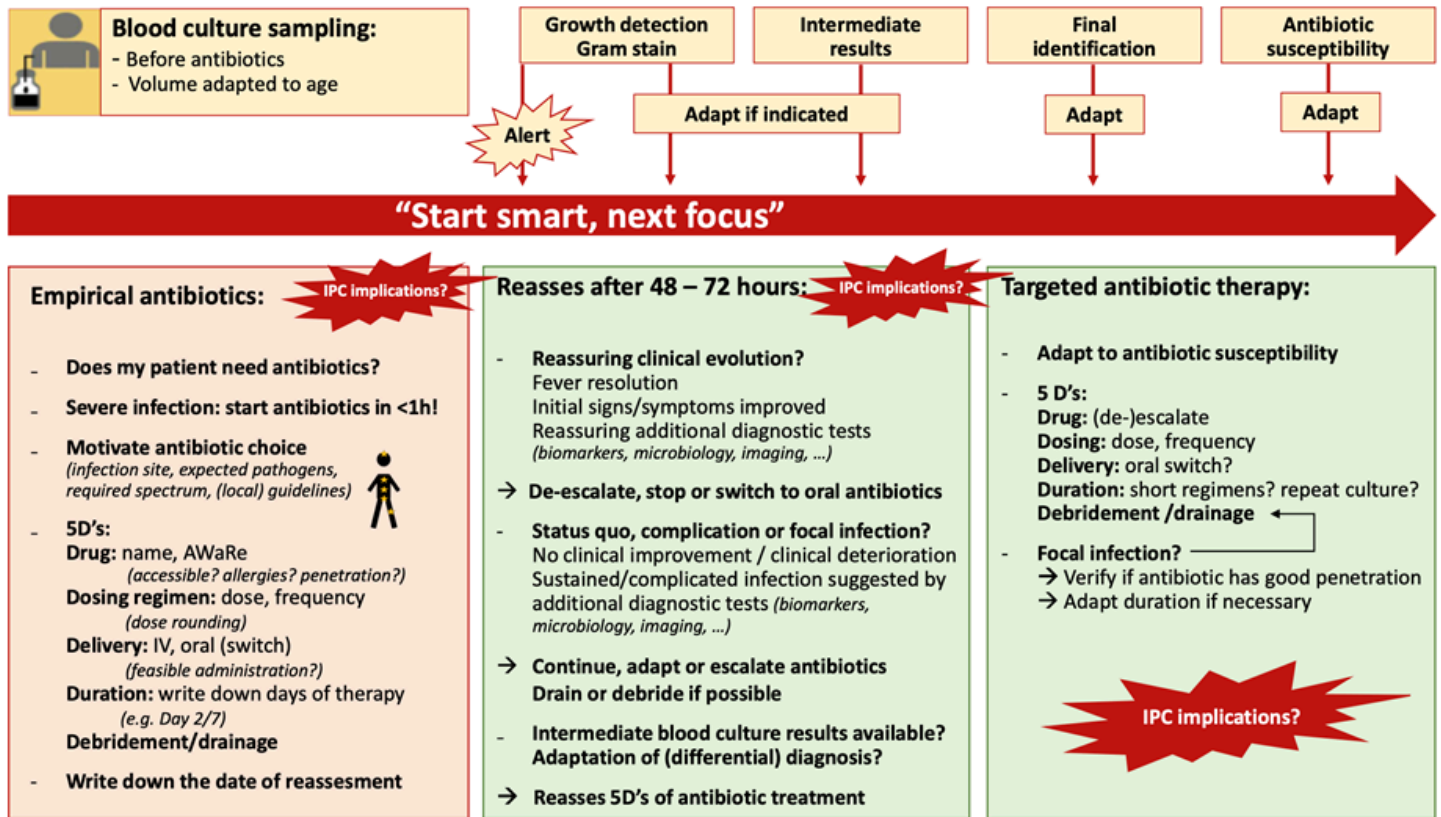
Debridement/Drainage: Source control where ever possible is must in addition to antibiotics.

De-escalation: De-escalation from broad spectrum to narrow spectrum antibiotic based on culture susceptibility report.



**Antibiotics should not compensate
for lack of
hygiene/infection control**





Rational antibiotic use, English version 2.0, 12 April 2023, author: Bieke Tack



UNDERSTAND

Information about bacteria, antibiotics & resistance



RAISE AWARENESS

Inspiration & tools for raising awareness, education & training



MEASURE

Tools to help assess antibiotic use, resistance & impact of interventions



RATIONAL USE

Support for setting up stewardship in healthcare & food animal production



PREVENT INFECTION

Support for IPC & limiting spread of resistance in healthcare & food animals



POLICY

Support for developing & implementing National Action Plans



Diagnostic Stewardship

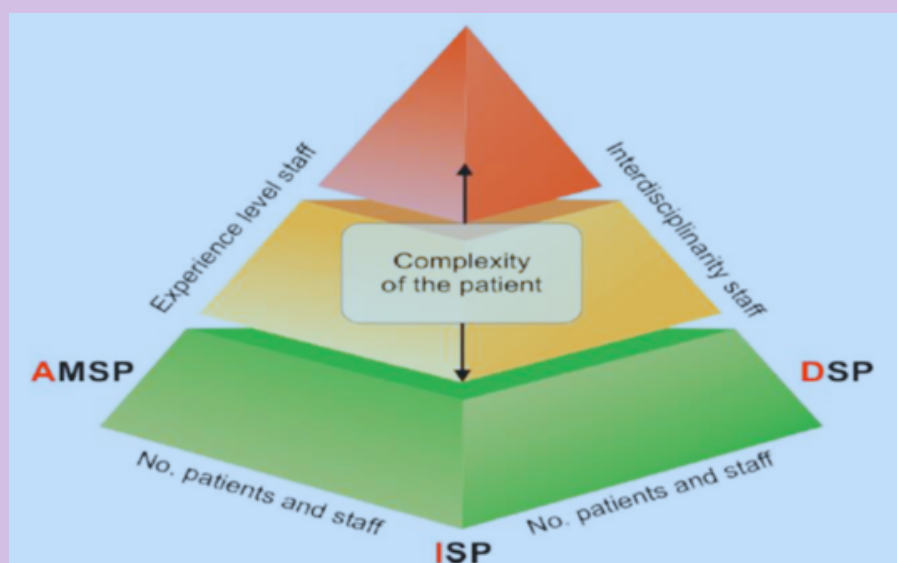
Dr. Bhawna Sharma and Dr. Jai Ranjan

Assistant Professor, Department of Microbiology, AIIMS Bathinda



According to WHO Diagnostic stewardship is defined in the GLASS manual as: “coordinated guidance and interventions to improve appropriate use of microbiological diagnostics to guide therapeutic decisions.”

AID INTEGRATED STEWARDSHIP MODEL



Diagnostic stewardship involving multidisciplinary teams across the diagnostic pathway as shown below:

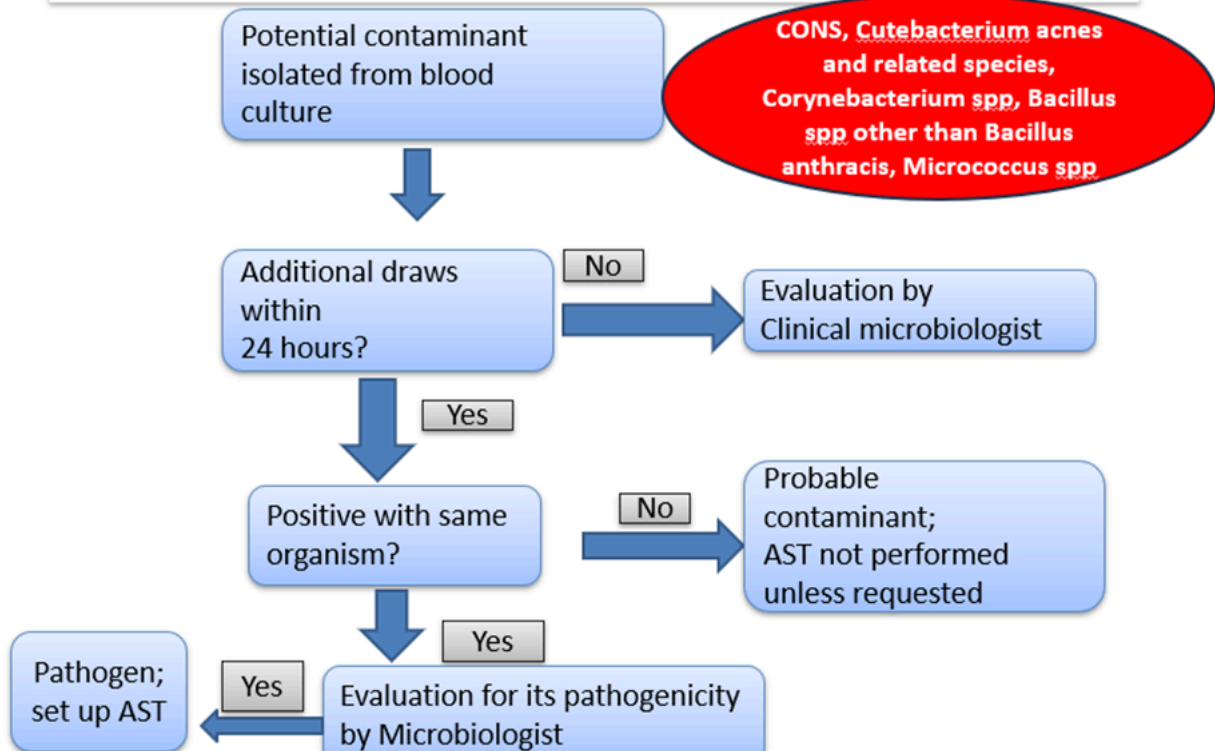
| Pre-analytical | Analytical | Post Analytical |
|---|---|---|
| PHYSICIAN <ul style="list-style-type: none"> ✓ Proper History and examination ✓ Optimum sample source ✓ Adequate test ✓ Provide adequate clinical data | PHYSICIAN <ul style="list-style-type: none"> ✓ Provide real time clinical feedback to guide any additional test required | MICROBIOLOGIST <ul style="list-style-type: none"> ✓ Mention colonization on the reports ✓ Add comments regarding sample appropriateness ✓ Cascade reporting for antimicrobial susceptibility critical call alerts ✓ Recommend additional tests if required |
| NURSE/STAFF <ul style="list-style-type: none"> ✓ Proper sample collection ✓ Adequate sample labelling and transport | LABORATORY STAFF <ul style="list-style-type: none"> ✓ Appropriate sample processing and avoid contamination ✓ Sample Preservation | LABORATORY STAFF <ul style="list-style-type: none"> ✓ Timely reporting ✓ Integrating online reporting system |
| MICROBIOLOGIST <ul style="list-style-type: none"> ✓ Recommend diagnostic test ✓ Assess sample quality Counsel about right sample, right test, right time | MICROBIOLOGIST <ul style="list-style-type: none"> ✓ Determine sample adequacy for testing ✓ Recommend additional diagnostic tools as per clinical data provided ✓ Reject sample as per rejection criteria | PHYSICIAN <ul style="list-style-type: none"> ✓ Collaborate with microbiologist to ensure proper analysis of results ✓ Correlate the results with clinical data |

Key Role in this phase

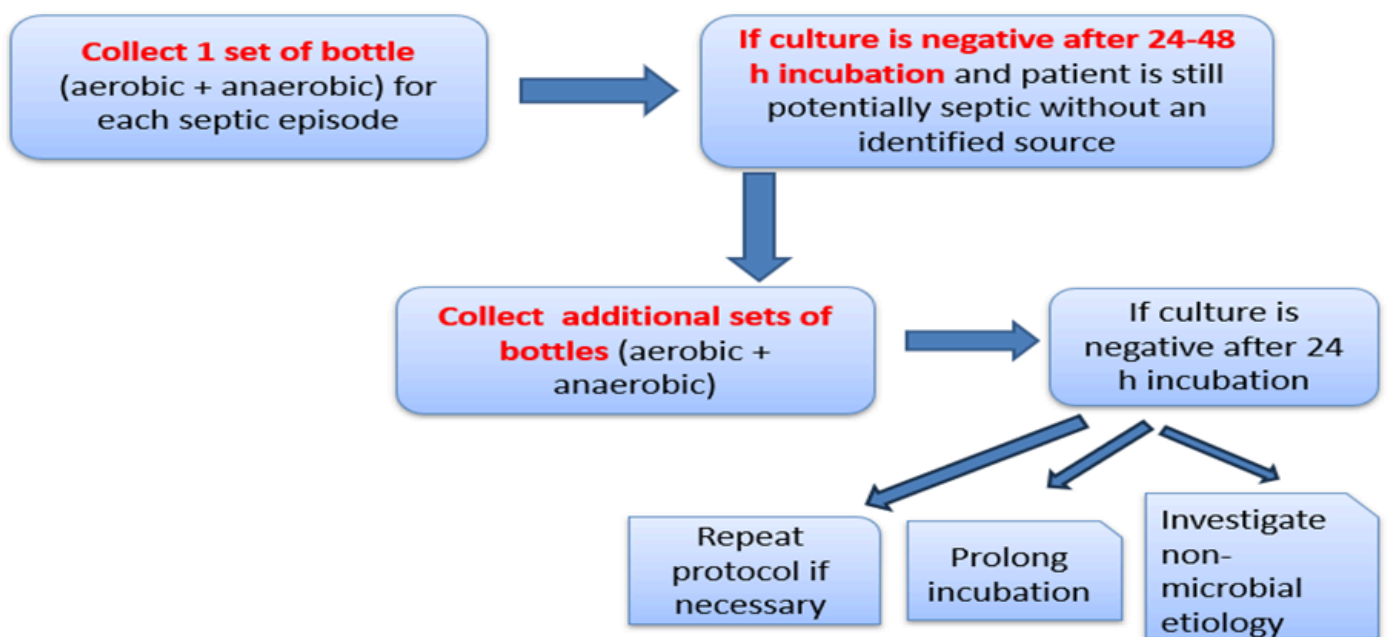
Always consult for any query



Laboratory-based algorithm to determine blood culture contamination

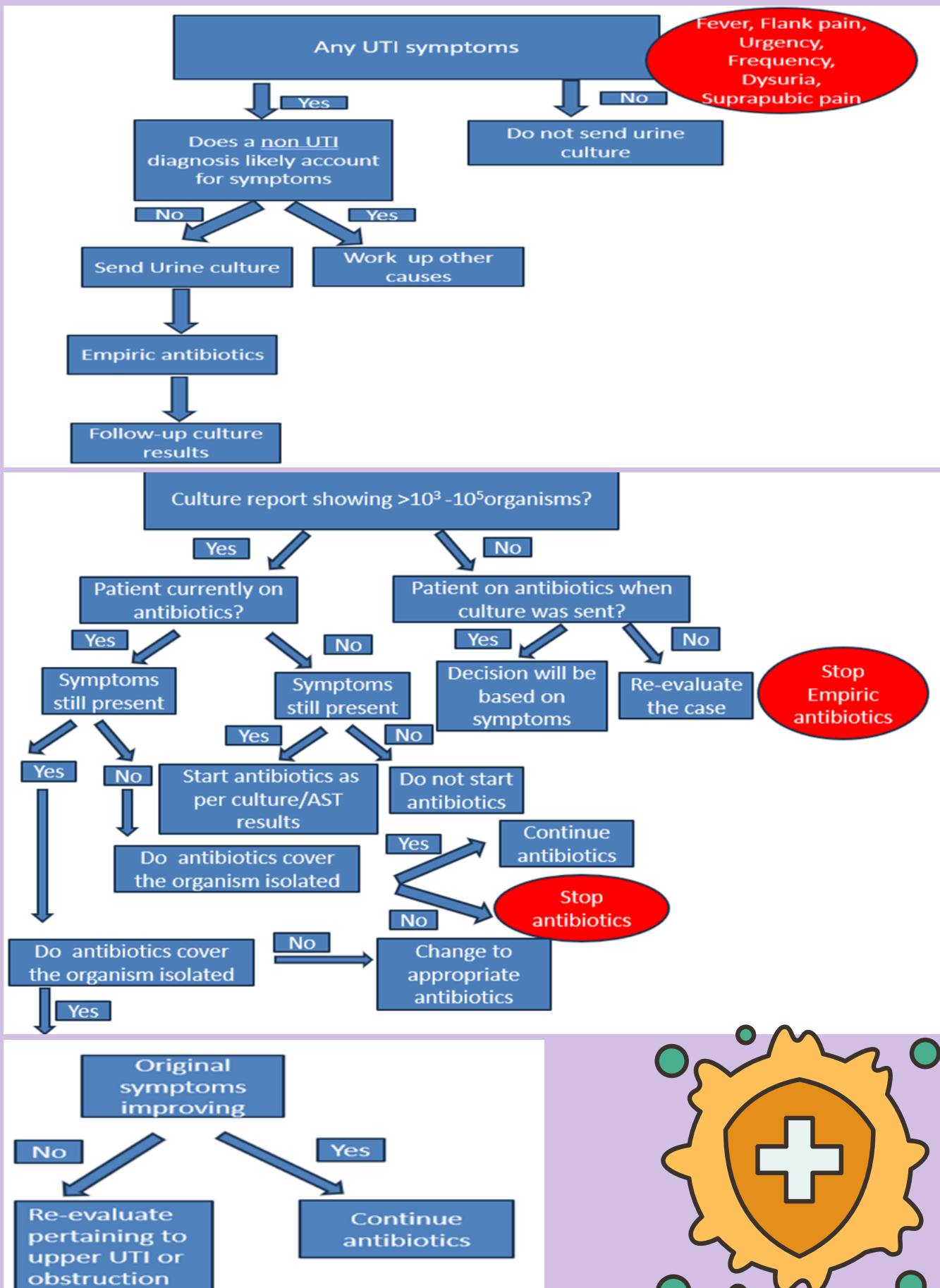


Recommended number of blood culture sets





Stewardship for Urinary tract infections





Cascade Reporting for Antimicrobial Susceptibility Testing

It is a strategy for reporting antimicrobial susceptibility where secondary agents are reported only if the organism is resistant to primary, narrow-spectrum agents in the drug class.



Tier System: CLSI guidelines prioritize Tier 1 drugs, with Tier 2–4 used if resistance arises. Tier 1 is routinely tested; Tier 2–3 are reported via cascade; Tier 4 is reported on request or by cascade.

Example: Table taken from CLSI 2024 M100 34th edition

Table 1A-1. Enterobacterales (excluding *Salmonella/Shigella*)^a

| Tier 1: Antimicrobial agents that are appropriate for routine, primary testing and reporting | Tier 2: Antimicrobial agents that are appropriate for routine, primary testing but may be reported following cascade reporting rules established at each institution | Tier 3: Antimicrobial agents that are appropriate for routine, primary testing in institutions that serve patients at high risk for MDROs but should only be reported following cascade reporting rules established at each institution | Tier 4: Antimicrobial agents that may warrant testing and reporting by clinician request if antimicrobial agents in other tiers are not optimal because of various factors |
|--|--|---|--|
| Ampicillin | | | |
| Cefazolin | Cefuroxime | | |
| Cefotaxime or ceftriaxone ^b | Cefepime ^c | | |
| | Ertapenem | Cefiderocol | |
| | Imipenem | Ceftazidime-avibactam | |
| | Meropenem | Imipenem-relebactam | |
| | | Meropenem-vaborbactam | |
| Amoxicillin-clavulanate | | | |
| Ampicillin-sulbactam | | | |
| Piperacillin-tazobactam | | | |
| Gentamicin | Tobramycin | Plazomicin | |
| | Amikacin | | |
| Ciprofloxacin | | | |
| Levofloxacin | | | |
| Trimethoprim-sulfamethoxazole | | | |
| | Cefotetan | | |
| | Cefoxitin | | |
| | Tetracycline ^d | | |
| | | | Aztreonam |
| | | | Ceftaroline ^b |
| | | | Ceftazidime ^b |
| | | | Ceftolozane-tazobactam |
| Urine Only | | | |
| Cefazolin (surrogate for uncomplicated UTI) ^a | | | |
| Nitrofurantoin | | | |
| | | Fosfomycin ^f (<i>Escherichia coli</i>) | |

Use of comments in clinical microbiology reporting: Need of an hour

Ø Comments related to specimen collection

Ø Comments if clinical data is missing in requisition form



Ø Comments related to intrinsic resistance

Ø Comment related to pathogenicity of any organism and its clinical correlation



Ø Comments related to AST

Ø Comments related to specific organism-antibiotic interaction



Ø Infection control advice

Ø Follow up report





A short summary of meta-analysis studies on impact of infection control measures in terms of antimicrobial resistance



Dr. Sivanantham Krishnamoorthi, Associate Professor, Department of Microbiology, All India Institute of Medical Sciences (AIIMS) Bathinda, Punjab, India

| Study | Population/ Patient/ Problem | Intervention/ Exposure | Comparison | AMR related Outcome measure | Finding |
|--------------------------------|--|--|--|--|--|
| Hammond NE et al., 2022 | ICU patients on mechanical ventilation | Selective Decontamination of the Digestive Tract | Standard care or placebo | Incidence of positive cultures of antimicrobial-resistant organism | Available data regarding the incidence of positive cultures of antimicrobial-resistant organisms were not amenable to pooling and were of very low certainty |
| Wong VWY et al., 2022 | Long-term care facilities for older people | IPC interventions: (i) Horizontal interventions: administrative engagement, barrier precautions, education, environmental cleaning, hand hygiene, performance improvement, and source control; and (ii) vertical intervention: active surveillance plus decolonization | Usual care (Before-after studies; interrupted time-series studies) | MDRO Colonisation and infections | Overall low quality of evidence. Meta-analysis did not demonstrate a significant decrease in MRSA colonization following IPC interventions. While the pooled estimates varied by intervention types, none consistently produced significant results. Vertical interventions may reduce MRSA colonization but horizontal interventions had no effects. Some smaller studies with low methodological quality produced exaggerated positive intervention effect estimates. IPC interventions may reduce VRE and GNB colonization while they had an inconsistent impact on MDRO infections. Administrative engagement is a core component in all successful IPC programmes to curtail MDRO colonization in LTCFs |
| Alexandre R Marra et al., 2018 | Acute care non-outbreak setting | discontinuation of contact precautions for multidrug-resistant organisms | Infection Rate of MDROs | MDRO infection rate | Discontinuation of CPs for MRSA and VRE has not been associated with increased infection rates. |



| Study | Population/ Patient/ Problem | Intervention/ Exposure | Comparison | AMR related Outcome measure | Finding |
|--|---|---|--------------------------------------|---|---|
| N L Plantinga et al., 2017 | Medical and surgical ICUs with low level of antibiotic resistance | Selective digestive decontamination (SDD) and selective oropharyngeal decontamination (SOD) | Standard care or placebo | survival in ICUs of low level antibiotic resistance | SDD and SOD improved hospital and ICU survival compared to standard care in both patient populations, with SDD being more effective than SOD. |
| Nattawat Teerawattanapong et al., 2017 | Adult patients admitted in ICUs | Antimicrobial stewardship program (ASP), environmental cleaning (ENV), decolonization methods (DCL), or source control (SCT), simultaneously. | Standard care (STD) | MDR-GNB acquisition, colonization, and infection | 4-component strategy composed of STD, ASP, ENV, and SCT was the most effective intervention (rate ratio [RR], 0.05 [95% confidence interval {CI}, .01-.38]) to prevent MDR-GNB acquisition. |
| Hua-Ping Huang et al., 2016 | Adult ICUs | Chlorhexidine gluconate (CHG) bathing | Soap and water or other routine care | Acquisition of MRSA and VRE | A significant reduction in the risks of MRSA acquisition in the CHG bathing group (RR, 0.78; 95% CI, 0.68 to 0.91; p = 0.001) with a low heterogeneity (I ² = 12%; p = 0.34); Also, decreased VRE acquisition (RR, 0.56; 95% CI, 0.31 to 0.99; p = 0.05) and there was a moderate heterogeneity (I ² = 67%) |
| Giulia De Angelis et al., 2014 | Hospitalised patients | IPC measures | Various components of IPC measures | Spread of VRE | Overall study quality was low; Implementation of hand hygiene was associated with a 47% decrease in the VRE acquisition rate (pooled RR 0.53, 95% CI 0.39-0.73, I(2) 26%) while contact precautions did not significantly reduce the VRE acquisition rate (pooled RR 1.08, 95% CI 0.63-1.83, I(2) 0%). |



What's cookin'?

NEW

NAFITHROMYCIN

Claimed to be India's first Indigenous antibiotic.



Officially launched by Union Minister of India in November 2024. Still under review from CDSCO and not yet approved.

A Phase II study evaluated Nafithromycin against Moxifloxacin in patients with Community-Acquired Bacterial Pneumonia. The primary efficacy endpoint, clinical cure, was achieved by 91.9% (83.2 to 97.0) of patients in the Nafithromycin 800 mg (3-day) group, 89% (79.5 to 95.1) in the Nafithromycin 800 mg (5-day) group, and 87% (77.4 to 93.6) in the Moxifloxacin 400 mg (7-day) group.(1)

Non-serious adverse events were reported in 14.86% of patients in the Nafithromycin 800 mg (3-day) group compared to 7.89% in the Moxifloxacin group, with the most common events being gastrointestinal symptoms (vomiting, nausea, diarrhea) and hypertension.(2)

There were 2 serious adverse events in Moxifloxacin group and 1 each in Nafithromycin group however the causality of the adverse/serious adverse events was not available.(2)

References

1. <https://www.clinicaltrialsregister.eu/ctr-search/trial/2016-001246-26/results>
2. <https://clinicaltrials.gov/study/NCT02903836?intr=Nafithromycin&rank=4&tab=results&a=6>
3. <https://www.wockhardt.com/wp-content/uploads/2023/12/wockhardt-announces-successful-completion-of-pivotal-phase-3-pneumonia-study-of-its-macrolide-antibiotic-nafithromycin-wck-4873.pdf>

In a Phase III study, a three-day treatment with Nafithromycin achieved a clinical cure rate of 96.7%, compared to 94.5% in the Moxifloxacin arm.(3)

The Phase III study reported no serious adverse events (AEs). All observed AEs were mild, with most deemed unrelated to the study drugs by investigators, except for nausea and gastrointestinal effects.(3)

While the results of the Phase II and Phase III studies have not yet been published, it is claimed that Nafithromycin achieves lung exposure levels eight times higher than Azithromycin, with 10- to 100-fold greater potency against certain respiratory pathogens.(3)

Although Nafithromycin showed higher clinical cure rates as compared to Moxifloxacin with a shorter treatment duration but side-effects were higher in Nafithromycin arm (14.86% vs. 7.89%) in phase II clinical trial. If approved by CDSCO, this indigenous drug could be a major leap in fight against multi-drug resistant pneumonia

Compiled by: Dr. Dhruv Mahendru, Senior Resident, Department of Pharmacology, AIIMS Bathinda.



Table: Antibiotics according to WHO Essential Medicine List, 2023 including division as per AWARe classification into “Access, Watch and Reserve” and mechanism of action, Adult and Pediatric dosing
Prepared by Dr. Rachna Rohilla , Assistant Professor, Pharmacology, AIIMS Bathinda

| Antibiotic | A/W/R | Class and Subclass | Mechanism | Adult dosing | Pediatric dosing | Optimal effect (PK/PD) if | Comment, if any |
|-----------------------------|--------|------------------------------------|--------------------------------|---|---|---|---|
| Benzathine benzylpenicillin | Access | Penicillins e labile penicillin | Cell wall synthesis inhibition | 2.4 million IU (~1.8 g) IM (Only for IM use) | 50,000 IU/kg (~37.5 mg/kg) IM single dose in congenital syphilis | Frequent or continuous infusion (T>MIC) | Indication is syphilis. The number of doses depends on the stage of the infection |
| Benzylpenicillin | Access | | | 4 – 24 million units/day IV in 4-6 divided doses | 100,000 – 400,000 units/kg/day IV in 2-4 divided doses | | Only for IV use |
| Phenoxymethyl penicillin | Access | | | 1500 – 4000 mg PO in 3-4 divided doses | 50 mg/kg/day PO in 3-4 divided doses | | |
| Procaine benzylpenicillin | Access | | | IM: 1.2 million IU (1.2 g) once daily dose | IM: 50,000 IU (50 mg)/kg once daily dose | | Only for IM use |
| Amoxicillin | Access | | | IV: 3000 – 12000 mg/day IV in 3-6 divided doses PO: 1500 – 3000 mg/day PO in 3 doses | IV: 100 – 200 mg/kg/day IV in 3-4 divided doses PO: 50 – 100 mg/kg/day PO in 2-3 divided doses | | |
| Ampicillin | Access | Penicillins e stable penicillin | | 6000 – 8000 mg/day IV in 3-4 divided doses | 100 – 200 mg/kg/day IV in 3-4 divided doses | | |
| Cloxacillin | Access | | | IV: 4000 – 12000 mg/day in 4-6 divided doses PO: 2000 mg/day in 4 divided doses | IV: neonates: 50 – 100 mg/kg/day in 2 doses; Children: 100 – 200 mg/kg/day in 4 divided doses PO: 60 mg/kg/day in 4 divided doses | | |



| | | | | | |
|-------------|--------|---|---|---|--|
| Cefalexin | Access | 1st | | 1500 mg PO in 3 divided doses | 50 mg/kg/day PO in 2 divided doses |
| Cefazolin | Access | 1st generation cephalosp orin | | 6 g IV in 3 divided doses or 2 g single dose for surgical prophylaxis | 50 mg/kg/day IV in 2 divided doses or 50 mg/kg single dose for surgical prophylaxis |
| Cefuroxime | Watch | 2nd generation cephalosp orin | | 1.5 gm IV as single dose for surgical prophylaxis | 50 mg/kg IV as single dose for surgical prophylaxis |
| Cefotaxime | Watch | | | 3000 – 8000 mg/day IV in 3-4 divided doses | 100 – 200 mg/kg/day IV in 3-4 divided doses (In neonates 100 mg/kg/day in 2 divided doses) |
| Ceftriaxone | Watch | | | 1000 – 4000 mg/day in 1-2 divided doses IV/IM | 80 – 100 mg/kg/day in 1-2 divided doses IV/IM |
| Ceftazidime | Watch | 3rd generation cephalosp orins | Cell wall synth esis inhibit ion | 3000 – 6000 mg/day IV in 3-4 divided doses or continuous infusion | 100 – 200 mg/kg/day IV in 3-4 divided doses |
| Cefixime | Watch | | | PO: 400 – 800 mg/day in 1-2 divided doses | PO: 10 – 20 mg/kg/day in 1-2 divided doses |



| | | | | | | | |
|-------------------------------|---------|-------------------------------|--|--|--|--------|---|
| Cefiderocol | Reserve | Siderophore cephalosporin | | 6 gm IV in 3 divided doses | -- | INJ | |
| Amoxicillin + Clavulanic acid | Access | Beta-lactam combination agent | | IV: 3000/600 mg – 6000/600 mg/day in 3 divided doses PO: 1500/375 – 2625/375 mg/day in 3 divided doses | IV: 100/10 – 150/15 mg/kg/day in 3-4 divided doses PO: 50/12.5 – 90/22.5 mg/kg/day in 3-4 divided doses | PO/INJ | |
| Piperacillin + Tazobactam | Watch | | | 12000/1500 mg – 16000/2000 mg/day IV in 3 divided doses (if extended 4-hour infusion) or 4 doses (if 30-minute infusion) | 320/40 mg – 400/50 mg/kg/day in 4 divided doses | INJ | |
| Ceftazidime + Avibactam | Reserve | | | 6000/1500 mg IV in 3 divided doses | 150 mg/kg/day ceftazidime + 37.5 mg/kg/day avibactam IV in 3 divided doses | INJ | |
| Ceftolozane + Tazobactam | Reserve | | | 3000/1500 mg IV in 3 divided doses | 90 mg/kg/day IV in 3 divided doses (max 1.5 g/dose) | INJ | |
| Meropenem | Watch | Carbapenem | | 3000 – 6000 mg/day IV in 3 divided doses | 60 mg/kg/day IV in 3 divided doses | INJ | |
| Imipenem + Cilastatin | Watch | Carbapenem | | 3000 mg IV in 3 divided doses | 75 – 100 mg/kg/day IV in 3-4 divided doses | INJ | Avoided in neonates and patients with history of seizures |



| | | | | | | | |
|--------------------------------|----------------|-------------------------------------|--|---|---|------------------|--|
| Meropenem + Vaborabactam | Reserve | Beta-lactam combination agent | | 6000/6000 mg IV in 3 divided doses | -- | INJ | |
| Vancomycin | Watch | Glycopeptide | | IV: 30 – 40 mg/kg/day in 2-3 divided doses PO: 500 – 2000 mg in 4 divided doses (for C.difficile only) | IV neonates: 30 mg/kg/day in 2 divided doses IV children: 15 mg/kg/day in 3 divided doses PO: 20 – 40 mg/kg/day 4 divided doses | INJ (/P O) | Only gram positives; PO only for C.difficile Therapeutic drug monitoring recommen ded to ensure efficacy |
| Fosfomycin | Reserve | Fosfomycin | | IV: 18 – 24 gm in 3 divided doses | IV: 200 – 400 mg/kg/day in 2-3 divided doses | INJ | |
| Colistin | Reserve | Polymyxins | | IV: 9 million IU CMS loading dose followed by 9 – 12 million IU CMS in 2 divided doses as maintenance dose | IV: 2.5 – 5 mg/kg/day CBA (75,000 – 1,50,000 IU/kg/day CMS) in 2 divided doses | INJ | Only gram negatives |
| Polymyxin B | Reserve | Polymyxins | | 2.5 mg/kg (25,000 IU/kg) IV loading dose followed by 3 – 6 mg/kg (30,000 – 60,000 IU/kg) IV in 2 divided doses as maintenance dose | 2.5 mg/kg IV loading dose followed by 1.5 – 3 mg/kg/day in 2 divided doses as maintenance dose | INJ | Only gram negatives |



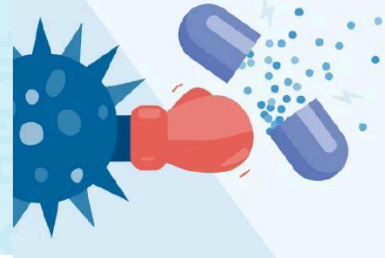
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|-----------------|---------|-----------------|------------------------------|---|---|--------|---|
| Gentamicin | Access | Aminoglycosides | Protein synthesis inhibition | 5 -7 mg/kg/day IV single daily dose | 7 mg/kg/day IV single daily dose (5 mg/kg/day in 1st week of life) | INJ | Therapeutic drug monitoring is recommended to minimize toxicity |
| Amikacin | Access | | | 15 mg/kg/day IV single daily dose | 15 – 20 mg/kg/day IV single daily dose | INJ | Therapeutic drug monitoring is recommended to minimize toxicity |
| Plazomicin | Reserve | | | 15 mg/kg/dose IV as single daily dose | -- | INJ | |
| Spectinomycin | Access | Aminocyclitols | | 2000 mg IM single dose | -- | INJ | |
| Doxycycline | Access | Tetracycline | | PO: 200 mg in 2 divided doses or 300 mg single dose for cholera | PO: 2 – 4 mg/kg single dose or 300 mg single dose if >45 kg for cholera | PO/INJ | |
| Clindamycin | Access | Lincosamide | | IV: 1800 – 2700 mg in 3 divided doses PO: 1800 mg in 3 divided doses | IV/PO: 15 mg/kg/day in neonates and 30 mg/kg/day in children in 3 divided doses | PO/INJ | |
| Chloramphenicol | Access | Phenicol | | 4 gm IV in 4 divided doses | 100 mg/kg/day IV in 4 divided doses | PO/INJ | Use chloramphenicol in children only when no other option is available due to toxicity concerns |
| Azithromycin | Watch | Macrolide | | PO: 500 – 1000 mg/day in single dose | PO: 10 – 20 mg/kg/day in single dose | PO/INJ | |
| Clarithromycin | Watch | | | IV/PO: 500 – 1000 mg/day in 2 divided doses | PO: 15 mg/kg/day in 2 divided doses | PO/INJ | |



| | | | | | | | |
|---------------------------------|---------|-----------------------------------|-------------------------|---|--|--------|-------------------------------|
| Linezolid | Reserve | Oxazolinones | | IV/PO: 1200 mg in 2 divided doses | IV/PO: 30 mg/kg/day in 3 divided doses beyond 1st week of life or 20 mg/kg/day in 2 divided doses if < 7days | PO/INJ | Activity against Tuberculosis |
| Metronidazole | Access | Nitroimidazoles | | PO/IV: 1500 – 2250 in 3 divided doses | PO/IV: 15 mg/kg/day in 2 divided doses in neonates and 22.5 mg/kg/day in 3 divided doses in children | PO/INJ | |
| Nitrofurantoin | Access | Nitrofurans | Nucleic acid inhibitors | PO: 200 mg in 2 divided doses (modified release) or 200 mg in 4 divided doses (immediate release) | PO: 4 mg/kg/day in 2 divided doses (modified release) or 4 mg/kg/day in 4 divided doses (immediate release) | PO | Indicated for lower UTI |
| Ciprofloxacin | Watch | Fluoroquinolones | | IV: 800 – 1200 mg/day in 2-3 divided doses PO: 1000 – 1500 mg/day in 2-3 divided doses | IV/PO: 20 – 30 mg/kg/day in 2 divided doses | PO/INJ | |
| Trimethoprim + Sulfamethoxazole | Access | Dihydrofolate reductase inhibitor | | PO: 1600/320 mg in 2 divided doses | PO: 40 mg/kg/day SMX + 8 mg/kg/day TMP in 2 divided doses | PO | |



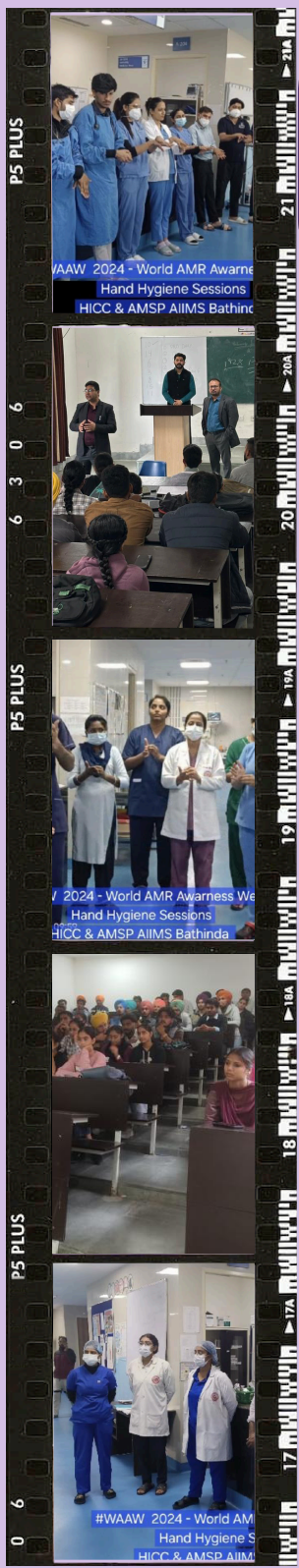
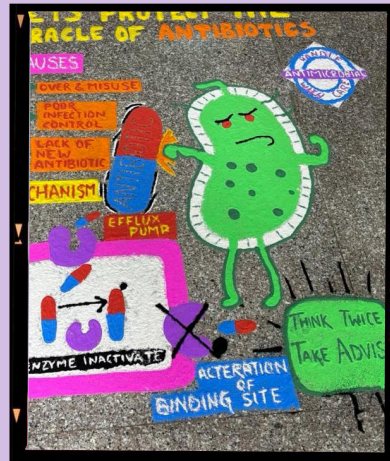
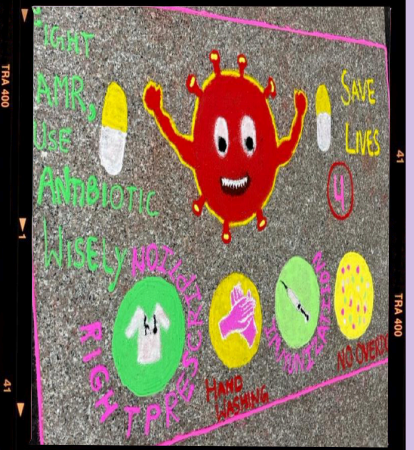
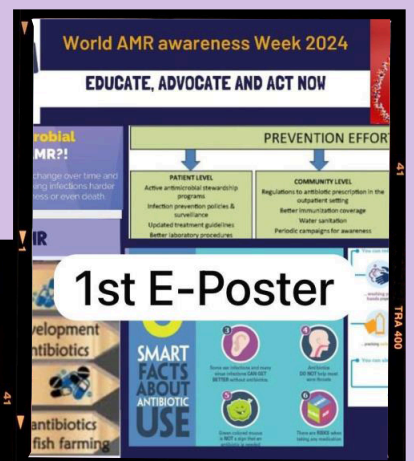
ACTIVITIES AIIMS BATHINDA



World Antimicrobial resistance Awareness Week (WAAW) 2024

Department of Pharmacology and Antimicrobial Stewardship Committee,
All India Institute of Medical Sciences (AIIMS), Bathinda, Punjab





Day 7: Media outreach via newspaper column and Hand hygiene awareness among HA and SA staff of AIIMS Bathinda



AIIMS Bathinda celebrated World AMR Awareness Week (WAAW) 2024: Uniting against Antimicrobial Resistance

Antimicrobial resistance (AMR) poses a growing threat to public health worldwide, making initiatives like WAAW crucial in raising awareness and fostering collective action.

Antimicrobial resistance (AMR) refers to the ability of microorganisms to resist the effects of antimicrobials, including antibiotics, antivirals, and antifungals. This resistance poses a significant and growing threat to public health worldwide. The overuse and misuse of antimicrobial agents not only in humans but in animals and agriculture has contributed to the emergence of resistant strains of microorganisms, making infections more challenging to treat and increasing the cost of therapy.

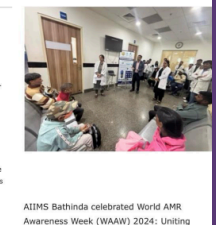
World AMR Awareness Week (WAAW) serves as a pivotal initiative in acknowledging and combating this global health crisis. The week-long event is designed to draw attention to the complexities of antimicrobial resistance, educating healthcare professionals, communities, and the general public about the responsible use of antimicrobial agents. By fostering awareness, WAAW aims to instigate collective action, encouraging individuals, healthcare providers, and policymakers to work together in adopting strategies that mitigate the impact of AMR. The overarching theme of this significant event for 2024 is "Educate, Advocate and Act now."

The initiatives undertaken during WAAW, such as educational workshops, community outreach programs, and media campaigns,

- At the community level and as responsible citizens, there are some Do's and Don'ts we can adopt in our lives.
- Never use left-over antibiotics
 - Never share antibiotics with others
 - Do not self-prescribe antibiotics or take over-the-counter antibiotics without prescription
 - Only use antibiotics when prescribed

In essence, the significance of WAAW lies in its ability to unite diverse stakeholders, including healthcare professionals, researchers, policymakers, and the public, in a collective effort to curb the rise of antimicrobial resistance and safeguard the effectiveness of crucial medical treatments for generations to come.

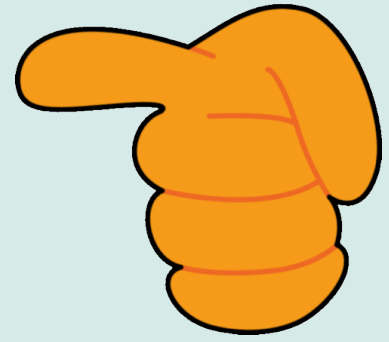
In a proactive step towards addressing a critical global health concern, AIIMS Bathinda's Antimicrobial Stewardship Committee and Department of Pharmacology organized activities to sensitize the healthcare professionals as well as general public towards the growing concern of antimicrobial resistance (AMR) by undertaking various activities throughout the week (CME and specific sessions, awareness sessions, etc.).



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